

## Resultater treningsstevne 12.08.10 Halden/ Aremark stadion

### Spyd 800g

G18/19	Christer Stenersrød	HIL	55,51m
	Patrik Møller	HIL	41,94m

### Spyd 600g

J17	Karoline H. Andersen	HIL	37,27m
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### Spyd 400g

J13 (f.99)	Trine H. Andersen	HIL	22,04m
J13 (f.99)	Maria Pasanen	HIL	20,97m

### Kule 7,26kg

G18/19	Christer Stenersrød	HIL	11,10m
	Patrik Møller	HIL	9,81m

### Kule 4 kg

J17	Karoline H. Andersen	HIL	8,42m
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### Kule 3kg

J16	Julie Elders	HIL	9,37m
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### Kule 2kg

J13 (f.98)	Josefine Elders	HIL	7,45m
J13(f.99)	Maria Pasanen	HIL	6,25m
J13(f.99)	Trine H. Andersen	HIL	6,20m

### Liten ball 150g

J13 (f.99)	Trine H. Andersen	HIL	33,32m
J13 (f.99)	Maria Pasanen	HIL	33,11m

G13(f.99)	Aleksander Skammelsrud	HIL	35,50m
G13 (f.98)	Faton Turkaj	HIL	26,04m

### Slegge 7,26kg

MV 40-44	Lars Martin Jæger	HIL	47,50m
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### Slegge 6kg

G18/19	Christer Stenersrød	HIL	52,36m
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### Slegge 2kg

J13(f.98)	Josefine Elders	HIL	22,28m
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### Diskos 2kg

MV 40-44	Lars Martin Jæger	HIL	35,54m
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### Diskos 1,75kg

G18/19	Christer Stenersrød	HIL	36,05m
	Patrik Møller	HIL	22,54m

### Diskos 1kg

J16	Julie Elders	HIL	28,96m
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**Diskos 600g**

J13 (f.98)	Josefine Elders	HIL	21,11m
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**Vektkast 15,60kg**

MV 40-44	Lars Martin Jæger	HIL	14,06m
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G18/19	Christer Stenersrød	HIL	12,28m
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